

# Goodnight and goodmorning routines - Home Assistant / Node-RED Flow

This is a flow where a press on my Samsung Tablet in the Kitchen to start 2 routines:

- Goodmorning
- Goodnight

I have chosen to turn light on/off in a sequence instead of adding all rooms to one step; that is just to "give zigbee" room 😊 Its probably not needed.

I use a Helper to start the routines, the press on the tablet:

- Sets the helper to "true"
- This starts the routine in Node-RED
- At the end of the routine, the helper is set to false and is ready for next time.

